

CELEBRATING CENTENARIANS

Astrid Thoenig, 100



Photo: Alexandra Pais, New Jersey Local News Service

Dedicated career woman, wife, mother, community volunteer, single working Mom, entrepreneur, remarriage, third career, caring daughter to her Mother and involved Grandmother. Sound familiar? Sure. Except that Astrid has pulled it all off successfully to age 100 – and still going strong – and still working a 40 hour week!

“I am blessed,” she says. She’s also immensely talented and determined and focused. “I don’t feel old and I don’t think old,” she’s quick to add. She doesn’t have any tricks or secrets to her success – “this is just the way I am, and always have been.”

Read more about Astrid: www.adlercentenarians.org.

December 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12  Hanukkah begins
13	14	15	16	17	18	19 Hanukkah ends
20	21 Winter Solstice	22	23	24	25  Christmas Day	26
27	28	29	30	31 New Year's Eve		